

We are approaching the end of the first half term of 2018. It has been a busy time for sporting activities. All the pupils belong to one of three Houses and they compete across the year in a range of sports. Here are some recent results.

# INTER-HOUSE EMPEROR DODGEBALL RESULTS DECEMBER 2017

HARDWICK A	32	Vs	NIGHTINGALE A	14
HARDWICK B	30	Vs	MacARTHUR B	16
MacARTHUR A	18	Vs	NIGHTINGALE A	31
NIGHTINGALE B	9	Vs	HARDWICK B	27
MacARTHUR A	25	Vs	HARDWICK A	22
NIGHTINGALE B	20	Vs	MacARTHUR B	14

Results:-

**1<sup>ST</sup> – HARDWICK 111 HITS    2<sup>ND</sup> – NIGHTINGALE 74 HITS**  
**3<sup>RD</sup> – MacARTHUR 73 HITS**

## **2 TOUCH FOOTBALL 2017/18**

### *1<sup>st</sup> Round*

CALLUM	3	V	CONNAR	(GG) 4
JACK HULLAND	1	V	JOSH	0
JAKE	W	V	DANIEL B.	L
HARVEY F.	2	V	HARVEY S.	3
BRANDON	1	V	DANIEL S.	0
KRZYSTOF	1	V	JAK JOHNSON	0
RILEY	5	V	LOUIS	2
LEE	W	V	BRIN	L
KYLE	0	V	HARIE	1
DANIEL H.	1	V	THOMAS	0
BOBBY	0	V	JAMIE	2
BROOKLYN	4	V	KOREY W.	1
KEATON	2	V	KORY B.	1
MAX	W	V	BILLY	L
ROSCO	5	V	JACK H	1
JACK W.	0	V	JAK HIKIN	1

- Harvey Faetz scores after 2 seconds but loses out in a great game.
- Jamie Johnson upsets the form-book with a 2 goal win over Bobby.
- Riley and Louis in high-scoring good-natured clash.
- Connar vs Callum is settled by Golden Goal!
- New players Harie and Krystof make their debut and snatch victories.

### Other Sports News

- Rosco Cyster (Class 3) became only the third Holly House pupil in history to complete the Multi-Stage (Bleep) Test and he has now achieved this amazing feat on 3 occasions. Well done Rosco!
- Next Month, Holly House pupils and staff will attempt to complete a mega cross-country challenge for Sport Relief. A total distance of in excess 100 miles is the aim on a very hilly and challenging course.
- Several boys have been helping to mentor younger pupils during P.E. lessons acting as role model and coach, and this has proved to be very successful and rewarding. Thanks to Jak Hikin, Keaton Perry, Rosco Cyster and Harvey Faetz for their efforts this term.

### SPORTS PREMIUM FUNDING

Mr Exton, our PE Specialist has spent a lot of time trying to raise the profile of Physical Activity and participation in sporting activities across the school. Sports Premium funding is aimed specifically at KS2 pupils, but we place a high importance on health and the benefits of regular exercise for all pupils. There is more information relating to this elsewhere on this website.

### HEALTHY WORKPLACES DERBYSHIRE

It is important for Holly House to not only look after the health and well-being of its pupils, but also encourage staff to consider their own lifestyle choices and make Holly House a healthier, happier and more productive workplace. The 8 main topic areas for a healthy workplace are:

- Healthy Eating
- Weight Management
- Stopping Smoking
- Alcohol/substance misuse
- Physical activity
- Attendance management
- Mental Health and well-being
- Health & Safety

It is hoped that by working with staff in these areas there will be improved benefits in their health and this will have a beneficial effect on their work with the pupils. We have started by allocating an hour on Weds afternoons to staff well-being with a yoga, cycling, running, climbing wall and pool groups already established.

For more information on this go to [www.derbyshire.gov.uk/healthyworkplaces](http://www.derbyshire.gov.uk/healthyworkplaces)

Iain Williams

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